

Healing

IN THE BEGINNING MAN WAS MADE TO LIVE IN PERFECT HEALTH

God created man (and woman) and placed him in the Garden of Eden. Man was created to live in perfect health. ***There was no sickness, illness or death.*** Man was created with a free will to choose. God established one rule:

And the Lord God took the man, and put him into the garden of Eden to dress it and to keep it. And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat: But of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die.

Genesis 2:15-17 AKJV

By transgressing God's law, sin and death entered the human experience [**SIN**: The willful act of disobedience to the will and laws of God (1 John 3:4 GNT)] and when Adam and Eve transgressed God's command, they forfeited their timeless state or eternal life for one of certain death and faced eternal separation from God.

GOD'S LOVE AND REDEMPTION OF MAN BRINGS HEALING

Redemption is compensation; payment for man's sin.

Yes, Adam's sin brought punishment to all, but Christ's righteousness makes men right with God, so that they can live.

Romans 5:18 TLB

Adam's act of disobedience brought a curse on man. God enacted a plan to redeem us, by offering His son Jesus to pay the penalty for our sins. In Galatians 3:13 CEB we read,

Christ redeemed us from the curse of the Law by becoming a curse for us—because it is written, Everyone who is hung on a tree is cursed.

We are no longer under the curse but live by faith in Jesus who died on the cross to pay for our sins. When we confess by faith that Jesus died on the cross to pay our sin debt in full, we are born again. We are no longer under the curse but receive the promises of eternal life.

Then he breathed on them and said, "Receive the Holy Spirit. John 20:22 GNT

We discover God has marked those who believe.

When you believed, you were marked in him with a seal, the promised Holy Spirit.

Ephesians 1:13 NIV

WHAT THAT MEANS TO YOU

Where we once were destined to experience spiritual death because of Adam's disobedience, as believers in Jesus Christ, we now freely receive the gift of eternal life and salvation. By grace we are saved through faith in Jesus' vicarious death on the cross that paid our debt. As born again, joint heirs with Jesus, and children of God, we receive the gifts of the Holy Spirit (see the Quick Note on Gifts of God).

HEALING:

Healing is one of the Gifts of the Holy Spirit.

Now to each one the manifestation of the Spirit is given for the common good. (See the Quick Note on Gifts of God.) 1 Corinthians 12:7 NASB

Notice that the scripture says “gifts”: plural. These gifts equip you in various ways to access healing for yourself or operate through you as an anointed vessel that God will flow through to heal others. The Bible speaks of various types of healings: **physical** (diabetes, blindness, cancer, deafness, etc.), **emotional** (jealousy, worry, discouragement, and other destructive attitudes), and **spiritual** (bitterness, greed, and guilt, etc.). Although there are different types of healings, the gift of healing referenced here is supernatural: without human aid. It is a special gift granted for healing specific diseases and conditions. Healing can come through the touch of faith (James 5:14-15 NIV); by speaking the word of faith (Luke 7:1-10 NIV); or by the presence of God being manifested (Mark 6:56 NIV; Acts 19:11-12 NIV).

IT IS GOD’S WILL TO HEAL (HE WANTS TO HEAL)

God is love.

1 John 4:8 NIV 1 John 4:16 NIV

Beloved, I wish above all things that you may prosper and be in health, even as your soul prospers.

3 John 1:2 NKJV

SUGGESTIONS FOR EFFECTIVELY USING THE GIFT OF HEALING

1. Know your authority as a believer. Luke 10:19 NIV
2. Realize healing does not come by your personal power but by the power of the Holy Spirit.
3. Prepare for Healing by reading God’s Word concerning healing.
4. Pray, in agreement with Scripture. Believe and receive your healing.
5. Don’t give license to the devil to nullify your healing: Words are powerful. Confess healing Scriptures.
6. Be ready for attacks from the enemy: We war not against flesh and blood.
7. Use His gift of healing to Glorify God.

KNOW YOUR AUTHORITY AS A CHRISTIAN BELIEVER

The gifts of healing belong to **all** believers. You can discern the gift of healing at work by the following:

When you have the inner witness of the Holy Spirit.

Romans 8:16 NIV

By having a special ability to believe for physical healing for someone.

Romans 12:3-6 NASB

When you have an overwhelming feeling of compassion which moves you to action.

Prayer, anointing with oil, laying on of hands.

Matthew 20:34 NASB

KNOW THE POWER OF GOD’S WORD AND PRAYER

God’s Word is powerful. Speak His Word and pray. Jesus showed us the way.

In the beginning was the Word and the Word was with God and the Word was God... and He (JESUS) became flesh and dwelt among us.

John 1:14 NKJV

SCRIPTURES TO USE AS THE HOLY SPIRIT PROMPTS YOU IN PRAYER

...turn your ear to my words... for they are life to those who find them and health to one's whole body.

Proverbs 4:22 KJV

He was pierced because of our transgressions, crushed because of our iniquities; the punishment for our peace was on Him, and we are healed by His wounds.

Isaiah 53:5 HSB

Yes, my soul, find rest in God; my hope comes from him.

Psalms 62:5 NIV

PREPARE FOR HEALING

Know and believe in your heart God created mankind to live forever in fellowship with Him and in perfect health, total peace, and divine provision: prosperity.

As we believe and confess this truth about (our right to obtain healing), because of our *salvation* (sozo in the Greek), healing is ours by God's grace and mercy, now and forever more.

We do not live by bread alone but every Word that proceeds out of the mouth of God.

Matthew 4:4 NLT

In the beginning there was the Word, and the Word was with God, and the Word is God.

John 1:1 NIV

The Word is Jesus. As Christians we...

Believe He came down from heaven to defeat sin and death.

Believe He came down from heaven to redeem us and pay for our sins.

Believe He came down from heaven to heal us.

Believe He came down from heaven to conquer death.

Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.

James 5:16 NIV

A very important step for receiving healing is to search your heart and forgive. Forgive **ALL** those for whom you have resentment or bitterness. Free yourself from being bound to others who have sinned against you. FORGIVE EVERYONE. Turn them over to God in faith. As we read in the Lord's prayer:

Forgive us our sins as we have forgiven those who sin against us.

Matthew 6:12 NLT

DON'T GIVE LICENSE TO THE DEVIL TO NULLIFY YOUR HEALING

I create the fruit of the lips; peace, peace to him that is far off, and to him that is near," says the Lord; And I will heal him.

Isaiah 57:19 NKJV

Your words become your confession of your inner belief in the healing power of Jesus. Speak healing Scriptures aloud and thank God for your healing. See with the eye of faith the manifestation of healing even if it takes time. Make this your confession, "By Jesus' stripes, I am healed. Amen"

Never again refer to possessing that sickness. It is not your sickness any more. God has taken it. Continue to confess your healing until it is fully manifested.

PRAY KNOWING WHAT JESUS HAS ALREADY DONE FOR YOU

If you have anointing oil, make a cross with it on the forehead of the person you are praying for and remind them of Christ's sacrifice on the cross. Pray to your Father in Heaven in a normal fashion knowing it is His will to heal and He is the one who will do the healing. Use the words in Scripture to affirm His love and power to heal. It is not a matter of volume of words but the accuracy and sincerity of your prayer. Speak words of faith: ***"be healed in the name of Jesus,"*** Thank God for His faithfulness to answer your prayer. A person does not have to be a Christian for God to heal them. Healing may be God's way of bringing salvation to them. If possible, lead them to the Lord. (See the **Salvation Quick Notes**) Here are some. Scriptures to memorize or read to a convert about salvation Tell them that Jesus blood washed away their sins and through the power of the blood they are clean before God.

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things become new.

2 Corinthians 5:17 NKJV

You are now a child of our loving, heavenly Father.

Dear friends, we are God's children now.

1 John 3:2 HCSB

God has the ability to heal you; He wants to heal you!

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.

3 John 1:2 NKJV

God said it. Rely on His Word and promises.

...turn your ear to my words... for they are life to those who find them and health to one's whole body.

Excerpts from Proverbs 4:20-22 NIV

Jesus paid the price for your healing.

But He was pierced because of our transgressions, crushed because of our iniquities; punishment for our peace was on Him, and we are healed by His wounds.

Isaiah 53:5-6 HCSB

SAY IT BEFORE YOU SEE IT: By Jesus stripes I am healed

I create the fruit of your lips; peace, peace to him that is far off and to him that is near, says the Lord; and I will heal him.

Isaiah 57:19 NKJV

Holy Communion is an important part of receiving the manifestation of your healing. Remember that Jesus died for your healing (above Isaiah 53:5). Communion is a Memorial Service celebrating Jesus finished work on the cross to save, heal, and deliver you. As you partake of communion reflect on Jesus' broken body, shed blood, and death on the cross to redeem you: spirit, soul, and body. Receive your healing gift today!

*A variety of Bible translations and paraphrases have been used in the **Quick Notes** for clarity. We recommend www.biblegateway.com as a Bible resource and study aid.



Visible Light
MINISTRIES

www.visiblelight.org

P.O. Box 4200 Sanford, Florida 32772

Quick Notes on The Bible by Domenic Fusco, PhD and Charlie Fusco, PhD

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